

**Issue #7, April 2018** 

And just like that Cohort 1 2018 is coming to a close, blink and you'll miss it!

The #BeFitKids have had an amazing Cohort with many of the kids smashing many goals and going well above their own expectations. Above all of that, their mental discipline has seen some great progression with plenty of great feedback from their parents/guardians and school representatives. This is exactly what we are trying to achieve, and to hear that this is working is massive for all of the team behind the scenes!

Our purpose is not just to provide a fitness program to the #BeFitKids, but to encourage all round mental & physical health and well-being. The concept is to provide the #BeFitKids with the tools to become a better version of themselves, to take these teachings with them throughout life, to be the best they can be.

The #BeFitKids are provided an amazing family environment within the #BeFitKids program, with amazing coaches and supporters. As we progress as a team, we hope to develop each of our skills and qualifications to provide more and more to each of the #BeFitKids.

None of this would be possible without everyone's support & assistance, volunteer hours and sponsorship. Thank you!

Please remember to support our Cohort sponsors. You can see each of these at the bottom of each newsletter and on our website.

# End of Cohort 1, start of Cohort 2

The final date for Cohort 1 is Friday the 13th of April. Cohort 2 begins on Monday the 30th April. All current #BeFitKids have been issued sponsorship agreements for Cohort 2. We cannot guarantee places for existing #BeFitKids if their forms are not back to us prior to the start of Cohort 2. We have steadily been gaining more interest in the program, and there are others on the waiting list to join the program. Please contact us if your child is missing a form or if you would like your child to be considered for introduction to the #BeFitKids program in Cohort 2. The child must be between 11 and 17 years of age to be eligible to register.

# **Newsletter Change**

As some of you may have noticed, we didn't have a March Edition of the Tautoko Rangatahi Times. This was a slight oversight and made clear the time constraints we all have behind the scene as volunteers. A call has been made to extend the newsletter to bi-monthly. Therefore our next edition will now be June 2018.

We are also going to be implementing a new section to our future newsletters where we will randomly pick a current #BeFitKid and give you a brief introduction and athlete profile so you can meet some of the children that you, our awesome community, are supporting.

# **BBQ Fundraiser**

We will be holding another BBQ fundraiser, this time at The Warehouse, on Saturday the 21st April 2018 from 11am-2pm (or when sold out). We will have soft drinks, sausage sizzle and a limited number of steak sandwiches available for purchase.

If you're feeling a bit ravenous, please head on down and help us raise some much needed funds to cover sponsorship shortfalls and to purchase some equipment for our #BeFitKids.

## Keep up to date with Tautoko Rangatahi

We are often posting to our Facebook page about news, current events and information for the #BeFitKids. If you aren't already a follower of our Facebook page, head on over to <u>www.facebook.com/tautokorangatahi</u> and give us a thumbs up!

Photos from the Fundraiser BBQ/Carwash at Supercheap Auto on the 17th March





## A HUGE THANK YOU TO OUR COHORT 1 SPONSORS



www.tautokorangatahi.org.nz

www.facebook.com/tautokorangatahi admin@tautokorangatahi.org.nz

**UPCOMING EVENTS:** 

**#BeFitKids Classes - Every** 

Monday, Wednesday and

Friday during the school

term, 4pm - 5pm

End of Cohort 1

Friday 13th April

**BBQ Fundraiser** 

**The Warehouse** 

21st April 11am - 2pm

(or when sold out)

Start of Cohort 2

**Monday 30th April**